

Science North, HSNRI, and Northern City of Heroes launch new signature series elevating health, science, and community well-being across Northern Ontario

(Greater Sudbury, ON) — Through a new partnership, Science North, Health Sciences North Research Institute (HSNRI), and Northern City of Heroes are launching **Northern Health Horizons: Stories, Science, Solutions**, a dynamic health and science event series debuting in Sudbury in 2026. The annual series is designed to ignite conversation, inspire action, and advance community well-being through trusted health knowledge and innovation.

Hosted in Science North's iconic Vale Cavern, Northern Health Horizons unites three annual events:

- Wear Red Canada: Her Heart Matters – February 13, 2026
- Northern MedTalks – April 23, 2026
- Catalyst – November 5, 2026

Together, these events spotlight cutting-edge research, disease prevention, and the innovations shaping the future of healthcare in Northern Ontario. Audiences will hear from leading experts, researchers, healthcare providers, and individuals with lived experience, sharing meaningful stories, practical tools, and science-based insights to help people live healthier lives.

Wear Red Canada: Her Heart Matters kicks off the series of events this Friday, February 13, 2026 at 7:00PM in the Vale Cavern at Science North. Tickets can be purchased on [Eventbrite](#) or at [sciencenorth.ca/NHH](#).

For more details about each event visit [sciencenorth.ca/NHH](#).

Northern Health Horizons is generously sponsored by Dr. Deborah Saunders.

Quotes

"Each of these initiatives was already doing meaningful work on its own, and bringing them together was a natural next step. By working together, Science North, HSNRI, HSN, and Northern City of Heroes can align our strengths, share our platforms, and reach far more people. *Northern Health Horizons* amplifies that impact and helps build a shared movement to

improve health outcomes across Northern Ontario." - *Ashley Laroze, CEO, Science North*

"*Northern Health Horizons* is a collaborative platform for delivering high-quality scientific, research, and health education that directly impacts people living in Northern Ontario. As part of this series, we are thrilled to bring *Wear Red Canada—Her Heart Matters*. More than an awareness campaign, *Wear Red Canada* is grounded in science, research, and education aimed at closing longstanding gaps in women's heart health. Northern City of Heroes is proud to be part of this innovative health series." - *Dr. Sarah Mary McIsaac, Anesthesiologist and Intensivist, Health Sciences North and Co-founder Northern City of Heroes*

"This partnership reflects the strength of collaboration in advancing health research, education, and community engagement across Northern Ontario. Through *Northern Health Horizons*, we are bringing together local expertise to inspire learners, engage the public, and translate knowledge into better health and well-being for northern communities—working together toward a shared commitment to equity, innovation, and improved health outcomes." – *Dr. Rob Ohle, Vice President, Academic and Research Impact, Health Sciences North*

"I'm very pleased to sponsor *Wear Red Canada* and the event series. One of the greatest things we can do for our health is to stay informed and pay attention to best current recommendations and informed advice. The *Wear Red* event and *Northern Health Horizons* series represents exactly what healthcare should be - collaboration, education, and prevention. As a dentist, I believe strongly that oral health is part of overall health, and heart health is a perfect example of that connection. I'm proud to support this important community conversation." - *Dr. Deborah Saunders, Medical Director, Department Dental Oncology, Health Sciences North and associate professor, NOSMU*

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About Science North

Science North brings science to life by connecting people through stories, curiosity, and shared exploration. As Northern Ontario's premier science destination, it offers immersive, hands-on experiences at two dynamic science centres in Greater Sudbury: Science North and Dynamic Earth. At Science North, visitors explore world-class exhibits, an IMAX® theatre, a digital Planetarium, a butterfly gallery, and four floors of interactive STEM experiences. Dynamic Earth, home to the iconic Big Nickel, features earth sciences exhibits, a lapidary lab, and an underground mining tour. Science North also creates and tours award-winning exhibitions and immersive experiences worldwide. In partnership with Laurentian University, it also delivers North America's only comprehensive Science Communication graduate program. Science North is an agency of the Government of Ontario. For more information, visit sciencenorth.ca.

About Northern City of Heroes

Northern City of Heroes was founded in Sudbury, Ontario with a simple mission - to increase the rates of bystander CPR. This organization helps the public to have the courage and skills to save a life.

About Health Sciences North Research Institute

Health Sciences North Research Institute (HSNRI) is the affiliated research institute of Health Sciences North (HSN). HSNRI supports collaborative research efforts amongst clinicians, researchers, and learners, along with regional and industry partners, to generate innovative solutions and improve health outcomes for the people of Northeastern Ontario.